



Insurance Accepted by Routes to Relationships, LLC

Insurance coverage depends on your specific plan and is not a guarantee. Routes to Relationships will run your insurance card to confirm eligibility for coverage. It is your responsibility to contact your insurance directly to confirm benefits, coverage, limitations, co-pays, etc. If you do not see your insurance listed, please do not hesitate to ask, as we may have expanded our coverage to include your plan prior to updating this list.

Optum Behavioral Health (Medicaid)

Independence Blue Cross Pennsylvania

United Healthcare (Optum)

Horizon Blue Cross and Blue Shield of New Jersey

United Healthcare Medicare Advantage

Select Health Utah

Oxford (Optum)

Aetna

Oscar (Optum)

Regence BlueCross BlueShield of Utah

Aetna Medicare Advantage

Cigna

Select Health Utah Medicare Advantage

Anthem EAP

Humana Medicare Advantage

Carelon Behavioral Health